

## Central County

<p><b>CONCORD</b></p>	
<p>Concord Senior Center 2727 Parkside Circle, Concord, CA 94519 925-671-3320</p> <p><i>Map to Concord Senior Center</i></p>	<p>1st, 2nd, 3rd, and 4th Fridays 1 p.m. 2 p.m. 3 p.m.</p>
<p><b>DANVILLE</b></p>	
<p>Danville Senior Center Veterans Memorial Building 115 E. Prospect Avenue, Danville, CA 94583 925-314-3400</p> <p><i>Map to Danville Senior Center</i></p>	<p>2nd Wednesday * 8:45 a.m. 9:30 a.m. 10:15 a.m. 4th Tuesday 1:45 p.m. 2:30 p.m. 3:15 p.m.</p>
<p><b>LAFAYETTE</b></p>	
<p>Lafayette Senior Center 500 St Mary's Road, Lafayette, CA 94549 925-284-5050</p> <p><i>Map to Lafayette Senior Center</i></p>	<p>1st Wednesday 10 a.m. 11 a.m. 12 p.m. 3rd Tuesday * 10 a.m. 11 a.m. 12 p.m.</p> <p>The first Wednesday in July is the 4th, the Independence Day holiday, and no counseling sessions will be held that day</p>

# Contra Costa County HICAP Counseling Locations

Please phone counseling site to schedule appointments

<b>MARTINEZ</b>	
Martinez Senior Center 818 Green St., Martinez, CA 94553 925-370-8770  <i>Map to Martinez Senior Center</i>	2nd Tuesday 9:00 a.m. 9:45 a.m. 10:30 a.m. 11:15 a.m.
<b>ORINDA</b>	
Orinda Community Center 28 Orinda Way, Orinda, CA 94563 925-254-2445  <i>Map to Orinda Community Center</i>	1st Wednesday 10 a.m. 11 a.m. 12 p.m.  The first Wednesday in July is the 4th, the Independence Day holiday. As a result the counseling sessions have been moved to the 2nd Wednesday, July 11, 2012.
<b>PLEASANT HILL</b>	
Pleasant Hill City Hall 100 Gregory Lane, Pleasant Hill, CA 94523 Small Community Room 925-798-8788  <i>Map to Pleasant Hill City Hall</i>	2nd Monday 1 p.m. 2 p.m. 3 p.m. 3rd Wednesday 1 p.m. 2 p.m. 3 p.m.
John Muir Health Senior Services 3480 Buskirk Avenue, Suite 100, Pleasant Hill, CA 94523 925-947-3300 or 925-674-2586  <i>Map to John Muir Health Senior Services</i>	2nd Wednesday * 10:00 a.m. 10:45 a.m. 11:30 a.m. 12:15 p.m. 1:00 p.m. 1:45 p.m. 2:30 p.m. 3:15 p.m.

\* Long Term Care Counseling Also Available on this day and time

<h2>SAN RAMON</h2>	
<p>San Ramon Senior Center            9300 Alcosta Blvd., San Ramon, CA 94583            925-973-3250</p> <p><b><i>Map to San Ramon Senior Center</i></b></p>	<p>3rd Friday *</p> <p>8:45 a.m. 9:30 a.m. 10:15 a.m.            11:00 a.m. 11:45 a.m.</p> <p>2nd Tuesday:</p> <p>1:30 p.m. 2:15 p.m. 3:00 p.m.</p>
<h2>WALNUT CREEK</h2>	
<p>John Muir Outpatient Center, Tice Valley/Rossmoor            1220 Rossmoor Parkway, Walnut Creek, CA 94595            925-947-3300</p> <p>(Be sure to specify John Muir Outpatient Center when you call)</p> <p><b><i>Map to John Muir Outpatient Center, Tice Valley/Rossmoor</i></b></p>	<p>3rd Friday *</p> <p>10:00 a.m. 10:45 a.m. 11:30 a.m.            12:15 p.m. 1:00 p.m. 1:45 p.m.            2:30 p.m. 3:15 p.m.</p>
<p>Walnut Creek Senior Club            1375 Civic Drive, Walnut Creek, CA 94596            925-943-5851</p> <p><b><i>Map to Walnut Creek Senior Club</i></b></p>	<p>2nd Wednesday            1 p.m. 2 p.m. 3 p.m.</p> <p>4th Tuesday            1 p.m. 2 p.m. 3 p.m.</p>
<p>Social Security Administration Office            1111 Civic Drive, Walnut Creek, CA 94596            1-877-319-6042</p> <p><b><i>Map to Social Security Administration Office</i></b></p>	<p>3rd Thursday            12 p.m. 1 p.m. 2 p.m.</p>

**East County**

<p><b>ANTIOCH</b></p>	
<p>Antioch Senior Center                  415 West 2nd Street, Antioch, CA 94509                  925-778-1158   <i>Map to Antioch Senior Center</i></p>	<p>1st Thursday                  1 p.m. 2 p.m. 3 p.m.                   3rd Tuesday                  1 p.m. 2 p.m. 3 p.m.</p>
<p><b>BRENTWOOD</b></p>	
<p>Brentwood Senior Activity Center                  193 Griffith Lane, Brentwood, CA 94513                  925-516-5380   <i>Map to Brentwood Senior Activity Center</i></p>	<p>2nd Tuesday                  12 p.m. 1 p.m. 2 p.m.</p>
<p><b>PITTSBURG</b></p>	
<p>Pittsburg Senior Center                  300 Presidio Lane, Pittsburg, CA 94565                  925-252-4890   <i>Map to Pittsburg Senior Center</i></p>	<p>1st Wednesday                  12 p.m. 1 p.m. 2 p.m.                   3rd Wednesday                  12 p.m. 1 p.m. 2 p.m.</p> <p>The first Wednesday in July is the 4th, the Independence Day holiday. As a result the counseling sessions have been moved to Tuesday, July 3, 2012.</p>

**West County**

<p><b>EL CERRITO</b></p>	
<p>Open-House Senior Center 6500 Stockton, El Cerrito, CA 94530 510-559-7677</p> <p><i>Map to Open-House Senior Center</i></p>	<p>1st Tuesday * 1 p.m. 2 p.m. 3 p.m. 3rd Tuesday * 1 p.m. 2 p.m. 3 p.m.</p>
<p><b>HERCULES</b></p>	
<p>Hercules Senior Center 111 Civic Drive, Hercules, CA 94547 510-799-8219</p> <p><i>Map to Hercules Senior Center</i></p>	<p>1st Wednesday: 10 a.m. 11 a.m. 12 p.m.</p> <p>The counseling sessions in April will be on the 2nd Wednesday, April 11, 2012.</p> <p>The first Wednesday in July is the 4th, the Independence Day holiday. As a result the counseling sessions have been moved to the 2nd Wednesday, July 11, 2012.</p>
<p><b>PINOLE</b></p>	
<p>Pinole Senior Center 2500 Charles Ave, Pinole, CA 94564 510-724-9800</p> <p><i>Map to Pinole Senior Center</i></p>	<p>4th Thursday 10 a.m. 11 a.m. 12 p.m.</p>

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<b>RICHMOND</b>	
Richmond Senior Center 2525 Macdonald Ave, Richmond, CA 94804 510-307-8087  <i>Map to Richmond Senior Center</i>	On-call counseling - By appointment only * Phone 510-307-8087
<b>RICHMOND</b>	
Social Security Office, Hilltop Mall, Richmond 3164 Garrity Way, Richmond, CA 94806 800-510-2020  <i>Map to Social Security Office, Hilltop Mall, Richmond</i>	2nd Thursday * 10 a.m. 11 a.m. 12 p.m.
<b>SAN PABLO</b>	
San Pablo Senior Adult Center 1943 Church Lane, San Pablo, CA 94806 510-215-3096  <i>Map to San Pablo Senior Adult Center</i>	3rd Monday 9 a.m. 10 a.m. 11 a.m. 12 p.m.

\* Long Term Care Counseling Also Available on this day and time